

Bergen County Executive
James J. Tedesco, III
and the

Bergen County Board of Commissioners
Cordially invite you to the
Department of Human Services, Division of Senior Services/ADRC



Caregivers Conference

*Do you provide care for a loved one or neighbor?
Learn about services, support, and other helpful information.*

Thursday, April 10, 2025
5:00PM-9:00PM

**Registration will begin at 4:30PM*

Bergen County Administration Building
Multi-Purpose Room - 1st Floor

One Bergen County Plaza
Hackensack, NJ 07601

Featured Speakers & Presentations:

Tess Tomasi, *Information & Assistance Supervisor, Division of Senior Services*
"Introduction to Programs and Services for Seniors in Bergen County"

Anna Navatta Esq., *Northeast New Jersey Legal Services*
"Legal Considerations"

Kristine Allen, *Act Now Foundation*
"Coping with Challenging Situations in Dementia Care"

Shavonda Sumter, *CEO of Children's Aid and Family Services*
"Avoiding Social Isolation"



**TO RSVP, scan the QR code, [click here](#),
call (201) 336-7400 or email seniors@bergencountynj.gov**

*This presentation is brought to you in partnership with the
Division of Senior Services Advisory Council Education & Outreach Committee and
Caregiver Coalition of Bergen County.*

James J. Tedesco, III
Bergen County Executive

Board of County Commissioners

Mary J. Amoroso, *Chairwoman* • Steven A. Tanelli, *Vice Chairman* • Dr. Joan M. Voss, *Chair Pro Tempore*
Rafael Marte • Germaine M. Ortiz • Thomas J. Sullivan • Tracy Silna Zur



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Thursday, April 10, 2025
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Bergen County Administration Building
Multi-Purpose Room
One Bergen County Plaza, Hackensack, New Jersey

PROGRAM

4:30PM - 5:15PM Registration & Light Refreshments

5:15PM - 5:30PM Welcome and Introductions
Lorraine Joewono, Director of Senior Services

Opening Remarks
James J. Tedesco, III, Bergen County Executive

5:30PM - 6:00PM Introduction to Programs and Services for Seniors in Bergen County
Tess Tomasi, Division of Senior Services Information & Assistance Supervisor

6:00PM - 7:00PM Legal Considerations
Anna Navatta Esq., Northeast New Jersey Legal Services

7:00PM - 7:15PM Intermission to visit the exhibit tables

7:15PM - 7:45PM Coping with Challenging Situations in Dementia Care
Kristine Allen, Act Now Foundation

7:45PM - 8:15PM Avoiding Social Isolation
Shavonda Sumter, CEO of Children's Aid and Family Services

**The following Agencies have representatives available throughout the Conference:*

- **Act Now Alzheimer's Resource Center**
- **Bergen County Division of Senior Services**
- **Ship Medicare Counseling**
- **Bergen County Division of Senior Services Advisory Council Education & Outreach Committee/CCBC**
- **Bergen County Division of Disability Services** (Statewide Respite, All Abilities Support Group, In-Home Caregiver Education & Support)
- **Heightened Independence and Progress**
- **Bergen County Board of Social Services/Adult Protective Services**
- **Speakers table**
- **Pampering and/or Stress Relief Activity Station(s)**

