

# EXPECTANT MOTHERS: GET AN EARLY HEAD START!

A healthy pregnancy has direct influence on the health and development of your child

Greater Bergen's Head Start Expectant Mother's Program is designed to guide your family through the pregnancy with an opportunity to sign up for a **Free Quality Childcare.**



## OUR PROGRAMS OFFER YOU:

- ♥ Prenatal Support, Education and Training
- ♥ Parenting and Nutrition classes
- ♥ Family Development
- ♥ Postpartum Guidance
- ♥ Preparation for Baby
- ♥ Information and Referrals
- ♥ Free Gifts/Diapers
- ♥ **PRIORITY CHILDCARE PLACEMENT**

**ENROLL NOW !**

**CALL: 201-651-5700**

Or go to: [GBCAMomToBe.org](http://GBCAMomToBe.org)

**WE HAVE VARIOUS LOCATIONS ACROSS:  
BERGEN COUNTY, JERSEY CITY,  
AND PATERSON!**



**LIVES  
CHANGED  
HERE.**

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