

Bergen County Executive  
**James J. Tedesco, III**  
and the

**Bergen County Board of Commissioners**

*Cordially invite you to the*  
**Department of Human Services, Division of Senior Services/ADRC**



# CAREGIVERS CONFERENCE

*Do you provide care for a loved one or neighbor?  
Learn about services, support, and other helpful information.*

**SATURDAY, OCTOBER 5, 2024  
10:00AM-2:00PM**

*\*Registration will begin at 9:00AM*

**BERGEN COUNTY ADMINISTRATION BUILDING  
PUBLIC MEETING ROOM (5TH FLOOR)**

One Bergen County Plaza  
Hackensack, NJ 07601

## FEATURED SPEAKERS & PRESENTATIONS

**Tess Tomasi**, *Information & Assistance Supervisor, Division of Senior Services*  
**"In Home Care Services"**

**Kerri Sherer, LSW**, *Deputy Director of Senior Services*  
**"Dementia Friendly Initiative"**

**Michael Dressler**, *Bergen County Surrogate*  
**"Legal Considerations for Caregivers"**

**Karen Barbato, LCSW**, *Continuum Care Coordinator; Valley Health Systems*  
**"Transitioning from Hospital to Home"**

**Christopher Carroll**, *Senior Wellness Coordinator; YWCA Northern NJ*  
**"Caregiver Self-Care, Seated Strength and Stretch for Mobility"**

**TO RSVP, please call (201) 336-7400 or email [Seniors@co.bergen.nj.us](mailto:Seniors@co.bergen.nj.us)**

*This presentation is brought to you in partnership with the  
Division of Senior Services Advisory Council Education & Outreach Committee and  
Caregiver Coalition of Bergen County.*

**James J. Tedesco, III**  
*Bergen County Executive*

**Bergen County Board of Commissioners**

Germaine M. Ortiz, *Chairwoman* • Mary J. Amoroso, *Vice Chairwoman* • Dr. Joan M. Voss, *Chair Pro Tempore*  
Rafael Marte • Thomas J. Sullivan • Steven A. Tanelli • Tracy Silna Zur



**Caregivers Conference  
Saturday, October 5, 2024  
10:00AM – 2:00PM**

**Bergen County Administration Building  
Public Meeting Room (5th Floor)  
One Bergen County Plaza, Hackensack, New Jersey**

**PROGRAM**

**9:00AM - 10:00AM**

**Registration & Light Refreshments**

**10:15AM - 10:30AM**

**Welcome and Introductions**

Lorraine Joewono, Director of Senior Services

**Opening Remarks**

James J. Tedesco, III, Bergen County Executive

**10:30AM - 10:45AM**

**“In Home Care Services”**

Tess Tomasi, Division of Senior Services Information & Assistance Supervisor

**10:45AM - 11:00AM**

**“Dementia Friendly Initiative”**

Kerri Sherer, LSW, Deputy Director of Senior Services

**11:00AM - 12:00PM**

**“Legal Considerations for Caregivers”**

Michael Dressler, Bergen County Surrogate

**12:00PM - 12:15PM**

**Intermission to visit the exhibit tables**

**12:15PM - 12:45PM**

**“Transitioning from Hospital to Home”**

Karen Barbato, LCSW, Continuum Care Coordinator; Valley Health Systems

**12:45PM - 1:15PM**

**“Caregiver Self-Care, Seated Strength and Stretch for Mobility”**

Christopher Carroll, Senior Wellness Coordinator; YWCA Northern NJ

*\*The following Agencies have representatives available throughout the Conference:*

- Act Now Alzheimer’s Resource Center
- BC Division of Senior Services
- State Health Insurance Program (Medicare)
- BC Division of Senior Services Advisory Council Education & Outreach Committee/CCBC
- BC Division of Disability Services (statewide respite, post stroke support groups, in-home caregiver education & support)
- Heightened Independence and Progress
- BC Board of Social Services/Adult Protective Services
- Speakers table
- Pampering and/or stress relief activity station(s)