# WHAT CAN HOME HEALTH AIDES DO?

Home health aides can provide:

- ✓ Personal care (bathing, grooming, dressing, etc.)
- ✓ Cooking
- ✓ Light Cleaning (vacuuming, dusting, etc.)
- ✓ Laundry
- ✓ Go food shopping (providing they have a personal car)



# RESOURCES

Senior Services

- ♦ (201) 336-7400
- One Bergen Plaza, Hackensack, NJ 07601

### Catholic Charities

- (973) 596-4100
- 590 N 7<sup>th</sup> Street, Newark, NJ 07107

Jewish Family and Children's Services

- (201) 837-9090
- 1485 Teaneck Road, Teaneck, NJ 07666

Bergen Family Center for Older Adults At SESCIL

- ♦ (201) 569-4080
- 228 Grand Ave, Englewood, NJ 07631



**BERGEN COUNTY** 

# BOARD OF SOCIAL SERVICES

218 ROUTE 17 NORTH ROCHELLE PARK, NJ 07662 (201) 368-4302

www.bcbss.com

## **CERTIFIED HOME HEALTH AIDE PROGRAM**



# WHAT IS THE PROCESS FOR RECEIVING HOMECARE?

#### Maintenance

- Monthly worksheets are sent out via mail to track which days the home health aides provided services.
- Contracts for services are signed every few months during home visits.
- If clients have any questions or concerns, they can contact the BCBSS worker and ask them to act as a liaison.

#### Transitions to Long-Term Home Care

- The program is temporary and meant to act as a bridge to longterm services.
- Clients will be encouraged to apply for MLTSS Medicaid (Managed Long-Term Services and Supports) or JACC.
- If the client does not have a case manager, BCBSS worker will help with the application process.

#### Funding

The Certified Home Health Aide Program is a grant-based program funded by Bergen County Division of Senior Services Area Plan Funding and the Bergen County Department of Human Services PEER funding.

# WHAT IS THE PROCESS FOR RECEIVING HOMECARE?

#### Referral

- New clients are referred to Senior Services to be placed on a waiting list.
- Once their name comes up, their information is given to a worker from BCBSS.
- Clients will then be contacted to set up an appointment for the application.

## Application and Securing Services

- The worker in charge of the program will make a home visit to complete the application and determine the individual's case needs and preferences.
- The worker will then contact local home health aide agencies to find a home health aide for the individual.
- The home health aide agency will make their own home visit to assess what help they are able to provide and to form a connection with the client.

# WHAT IS THE CERTIFIED HOME HEALTH AIDE PROGRAM?

The Certified Home Health Aide Program is a grant-based program that contracts home health aide agencies for clients who reside in Bergen County.

Clients for this program are adults age 18 to 59 with physical disabilities, including Alzheimer's disease or neurological or organic brain disorder, and adults age 60 and older at risk of nursing home placement and who do not qualify for other funding. This program is provided free of charge.

It is a bridge program that is intended to provide temporary services until the clients can secure a permanent care arrangement, such as Medicaid or JACC (Jersey Assistance for Community Caregiving).