

BERGEN NEW JERSEY *County*



Bergen County Executive
James J. Tedesco III
and the

Board of County Commissioners

Cordially invite you to



YOGA in the park!

Free Yoga classes by Arlene for Bergen County residents ages 18 and up

sponsored by the Bergen County Department of Health Services, Department of Parks, Community Health Improvement Partnership of Bergen County, and Englewood Health



TUESDAYS FROM MAY 9 – JUNE 13, 2023

(May 9, 16, 23, 30, June 6, 13)

Classes Start at 5:30pm to 6:30pm

Henry Hoebel/Overpeck Park on Fort Lee Road
50-54 Fort Lee Rd. Leonia, NJ 07605

Bergen County residents register: www.healthybergen.org



Visit www.healthybergen.org for weather cancellations
and to find more "Get Fit Bergen" classes around Bergen County
Questions? Email Marla Klein at mklein@co.bergen.nj.us or call 201-634-2693



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